

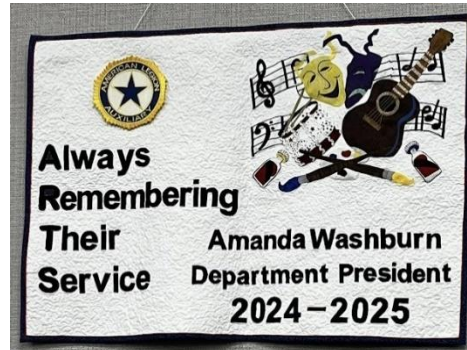


# American Legion Auxiliary District 11 Newsletter December 2024



Cindy Summers Lujan, President  
2626 N 49<sup>th</sup> St, Apt 414  
Lincoln NE 68504  
402.713.1121 (call/text)  
CindyL\_Dist11Pres2023@hotmail.com  
ckslujan@gmail.com

**NOTE PRESIDENT'S NEW ADDRESS & PHONE**



**Amanda's Theme  
ARTS!!**

Let's make her theme a part of who we are.

**Unit Presidents, please send a report summarizing your Unit activities from June 1, 2024 to the end of November to President Cindy by December 15<sup>th</sup>.** She will compile a report to send to Department for the Mid-Year Conference. All of our Units do so much. A lot of it seems like little things, but it is those little things that add up to a lot.

**Let's get together with a lot of little Reports to report a great District!!**

## MILITARY FAMILIES MATTER

Prepare with Pedro!

My project for the year is to distribute to grade schools in District 11, the **Ready 2 Help** card game from FEMA and the **Prepare with Pedro information packets** with coloring book and activity book from Red Cross.



### HOW YOU CAN BE THE ONE

**What:** The American Legion's Be the One initiative encourages American Legion Family members, veterans, servicemembers and others to take action when they believe a veteran is at risk of suicide.

**Why:** To reduce the alarming number of veteran suicides.

**How:** Our goal is to destigmatize asking for mental health support, provide peer-to-peer support and resources, and educate everyone on how they can Be the One.

**Who:  
Veterans**

- Talk with fellow veterans about how you are feeling.
- Ask for help when you think you need it.
- Know there are millions of people ready to help you.
- Remember your family and friends care.

**Non-veterans**

- Ask veterans in your life how they are doing.
- Listen when a veteran needs to talk.
- Reach out when a veteran is struggling.

**American Legion posts**

- Educate members, other veterans and civilians on the campaign.
- Display resources at your post or in your community.
- Share events or success stories at [legiontown.org](http://legiontown.org).

**RESOURCES**

American Legion support: Stories, videos and promotional items related to this initiative are available for posts, members and others. Visit [betheone.org](http://betheone.org)

For urgent help: Veterans experiencing a crisis can call 988 and press 1 for mental health assistance.

Counselors are available 24/7. They may also text 838255 or visit the VA crisis line website

[veteranscrisisline.net](http://veteranscrisisline.net).

I was able to attend four Veterans Day programs. All were different but they all had the thankfulness for our Veterans. I attended Milligan on Sunday, November 10<sup>th</sup>. The Milligan Czech Brass Band performed ahead, during and after the program. Junior members were involved in the program. "H is for Honor a Military Family Alphabet" by Devin Scillian was read while the Juniors held up their letters. Two Quilts of Valor were awarded to Dwaine L. Kubicek and Nathan Bigelow.



On November 11<sup>th</sup>, I attended Meridian School, Hebron School and Ohioa Legion programs.

Meridian's speaker was a Meridian graduate, Michael Grummert. The High School band and choir performed, as did the elementary students who sang "My Country Tis of Thee" – they did a terrific job! Tobias Legion Post was in charge of the Presentation of and Retirement of the Colors. Four Quilts of Valor were awarded to Michael Grummert, Michael Bartels, Nate Meyer and Zachary Meyer.



My next stop was Hebron. Many students were involved. Student Council – High school and Junior high; Choir, Band, K-8<sup>th</sup> grade students and Wyatt Winans. Wyatt portrayed a soldier and read "Never Forget." It was moving. Four Quilts of Valor were awarded to Jeff Percival, Anthony Modlin, Gary Groves and Ray Groves.



Next was Ohioa Legion. Vicki Ozenbaugh presented two Blue Star Banners to Jeremy and Stephanie Hinrichs and to Mitchell and Katrina Ozenbaugh. Both of these families have a member currently serving in the Armed Forces.

Brigadier General Dana A Hessheimer, retired, presented the Vietnam Veteran 50<sup>th</sup> Anniversary Pin to multiple members of the Legion who served during the Vietnam war. Thanks were given to the families of active duty military and to all Veterans.





## CALENDAR OF EVENTS

**DECEMBER** 7 Pearl Harbor Remembrance Day  
25 Christmas  
31 New Year's Eve

### 2025

**JANUARY** 1 New Year's Day  
20 Martin Luther King Jr Day

**FEBRUARY** 9 District 11, Exec Committee meeting, 2 pm  
14 Valentine's Day  
17 President's Day

**MARCH** 9 Daylight Savings Time  
17 St. Patrick's Day  
20 Spring Begins  
22 District 11 Convention, 10 am, Fairbury

### 2024-2025

#### District Officers and Chairs include:

**Marla Furrow**, Vice-President  
Membership and Junior Activities  
[Marlamae58@yahoo.com](mailto:Marlamae58@yahoo.com)

**Karen White**, Secretary/Treasurer  
[kswhite60@icloud.com](mailto:kswhite60@icloud.com)

**Deb Albers**, Parliamentarian  
Bylaws Chair  
[Dalbers727@gmail.com](mailto:Dalbers727@gmail.com)

**Jan Holtmeier**, Chaplain  
[Gjh41@yahoo.com](mailto:Gjh41@yahoo.com)

**Alice Vieselmeyer**, Historian  
[alicevies@aol.com](mailto:alicevies@aol.com)

**Mary Beth Coffey**, Poppy Chair  
[ac23918@gmail.com](mailto:ac23918@gmail.com)

**Tammy Steer**, Publicity Chair  
[Chaqueen1969@yahoo.com](mailto:Chaqueen1969@yahoo.com)

**Julia Pohlman**, Music Chair  
[Ejpohlmann1@gmail.com](mailto:Ejpohlmann1@gmail.com)

**Vicky Thompson**,  
Immediate Past President  
[vsbunker@hotmail.com](mailto:vsbunker@hotmail.com)

## FOR YOUR ADVANCED PLANNING

**January 17-19, 2025 Mid-Year Conference in Norfolk, Norfolk Lodge & Suites, (402) 379-3833**

**June 26-29, 2025 Department Convention in Columbus, Quality Inn, (402) 564-1492**

## CELEBRATION DAYS

### DECEMBER 2024

- 01 National Christmas Lights Day
- 02 International Day for the Abolition of Slavery
- 03 Giving Tuesday
- 03 International Day of Persons with Disabilities
- 04 National Cookie Day
- 05 International Volunteer Day
- 08 National Brownie Day
- 09 Christmas Card Day
- 10 Human Rights Day
- 12 International Day of Neutrality
- 13 National Guard Birthday
- 15 National Cupcake Day  
Bill of Rights Day
- 20 International Human Solidarity Day  
National Ugly Sweater Day
- 21 Winter Solstice  
**National Wreaths Across America Day**  
National Short Girl Appreciation Day  
Look On The Bright Side Day
- 23 National Roots Day
- 24 Christmas Eve
- 28 National Card Playing Day  
**Pledge of Allegiance Day**  
National Call a Friend Day
- 29 Wounded Knee

