# VA Nebraska – Western Iowa Health Care System Center for Development and Civic Engagement

## **Omaha VA - NEEDS LIST**

Socks and blankets are **NOT** needed at this time.

### Items that ARE needed:

### Clothing:

- Men's Shoes various sizes 9 13.5
- Men's Belts sizes medium 2XL
- Protein rich snacks (tuna & crackers, beef jerky, P3 snacks, etc.)
- NEW Sweatpants and sweatshirts: sizes M, L, XL, 2XL, 3XL
- NEW Long-sleeved T-shirts in various colors: sizes L, XL, 2XL, 3XL, 4XL
- NEW Short T-shirts in various colors: sizes L, XL, 2XL, 3XL, 4XL
- NEW Jeans/Khakis: men's: waist sizes 30, 32, 34, 44, 46, 48 lengths 30 or 32
- NEW Men's underwear various sizes
- Long winter underwear M 2XL
- 20 Winter coats (size L, XL, 2XL)
- 20 Winter gloves and 20 winter hats and 20 winter scarves
- 20 Winter boots (various sizes)

### **Cold Weather Gear:**

- Hand warmers and Foot warmers
- NEW Duffel Bags or Back Packs
- Tents

#### Misc:

- Can Openers
- Wet wipes
- Razors
- Hand towels
- Gift cards \$25 and \$50
- Bus passes

**Food:** We need shelf stable items to support the Food Pantry

Total To Hood one Cable Reme to capper the Food Fanta			
Peanut butter	Canned meat (tuna, salmon, chicken, Vienna sausages)	Crackers	Soup (pop top)
Snack bars	Any non-perishable food items (Cereal, rice, pasta, nuts, etc.)	Gatorade/Propel	Pop top individual meals
Canned Vegetables	Canned fruit	Ensure	Sugar Free Items
Bumble Bee snacks on the Run	Health Choice canned soups	Canned stew	Instant Potatoes

**U**pdated: Oct 10, 2023



